

Money Attitude Worksheet

This activity will look at only one of your attitudes — your attitude toward money. First, answer the 10 questions, circling yes or no, depending on how you feel about the statements.

Now count the number of yes answers to find out the degree to which money controls your life. Where do you think your attitude toward money came from? Are you like your parents? Your spouse? Or different?

Your financial values and attitudes affect the financial goals you set. The more harmonious your values, attitudes and goals, the greater the likelihood of attaining them.

WORKSHEET — What's Your Money Attitude

I need more money than I can ever use.	Yes	No
It bothers me when I discover I could have gotten the same thing for less somewhere else.	Yes	No
I behave as if money were the ultimate symbol of success.	Yes	No
I show signs of nervousness when I don't have enough money.	Yes	No
I dream I will one day be fabulously wealthy.	Yes	No
I find parting with money difficult for any reason.	Yes	No
I worry that I will not have enough money to live comfortably when I retire.	Yes	No
Money controls the things I do or don't do in my life.	Yes	No
When I was a child, money seemed to be the most important thing in my life.	Yes	No
I argue or complain about the cost of things.	Yes	No

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